

South West District Cross Country Championships Individual Medallists (Junior Men)

??? Trophy First Presented in

National Cross Country Union of Scotland (18-21)

First held in season 1958-9

First Junior in the District Championships

Scottish Cross Country Union (Under 20)

1974-5	Alan Gourlay	Beith H	35.22
1973-4	Ian Smith	Kilmarnock H	
1972-3	R Lawrie Spence	Greenock Glenpark H	34.11
1971-2	R Lawrie Spence	Greenock Glenpark H	34.15
1970-1	Ian Trainer	Babcock & Wilcox AC	
1969-70	John Ferguson	Ayr Seaforth AC	39.16
1968-9	John Ferguson	Ayr Seaforth AC	34.05
1967-8	John Ferguson	Ayr Seaforth AC	
1966-7	Robert Love	Greenock Glenpark H	

Scottish Cross Country Union (18-21)

1965-6	Matthew Pollard	Greenock Welipark H	
1964-5	Kenneth J Laurie	Ailsa AAC	

National Cross Country Union of Scotland

1963-4	James Millar	Beith H	
1962-3	Ian Wilson	Ayr Seaforth AC	
1961-2	James McLatchie	Ayr Seaforth AC	
1960-1	Peter Bradley	Paisley H	
1959-60	Peter Bradley	Paisley H	
1958-9	William Thomson	Irvine YMCA H	